

HEALTH DRIVE



SMOOTHIES: Owner David, above. Workers tuck into some fruit, right and below



DEREK BLAIR



Award for snack van

By Natalie Walker

A SNACK van which convinced workies to switch from greasy grub to salads has won a health award.

David Haggarty serves up healthy alternatives to burgers, chips and pies.

His Streetlife Fare van pulls up at spots across Edinburgh and offers a low-fat, low-salt menu

that includes soup, smoothies and baked potatoes.

Now the van has become the first mobile food outlet to scoop a Healthy Living award from the Scottish Consumer Council.

David said: "Snack vans have always had a reputation for serving up greasy foods like burgers and fried breakfasts –

real heart attack on a plate material.

"But many people are more health conscious and so we wanted to offer an alternative to the traditional food on offer.

"Our regular customers include workers at building sites and garages. We have got them just as keen on the soups and salads as the typically more health-conscious office worker."